



# LAZOS DE FAMILIA

**ADDRESS** 344 W. Ajo Way  
**PHONE** 520-624-6260  
**HOURS** 9 a.m.-Noon & 1 p.m.-5 p.m.  
Monday-Friday (*excluding holidays*)

## FREE PREGNANCY TESTING

9 a.m.-Noon & 1 p.m.-4 p.m. Monday-Friday (*excluding holidays*)

### RESOURCES AVAILABLE

- Free and confidential pregnancy tests — no appointment is necessary
- OB physician referral service
- Prenatal care provided with diabetic teaching and social service consults available
- Participant in Baby Arizona Program — applications and processing available on site
- Prenatal and teen classes available
- Laboratory services
- Pediatrics
- WIC on site

### WHAT TO EXPECT

- Se habla Español
- Friendly and helpful staff
- If needed, your nurse can help you communicate with the doctor
- Comfortable setting
- Easy appointment availability — usually within one week
- Discounted prenatal packages available
- Convenient location — on the bus line



# THE WOMEN'S CENTER at Northwest

Deliver your baby at The Women's Center at Northwest Medical Center, located at Orange Grove and La Cholla Blvd. The Women's Center offers the following:

## **LABOR AND DELIVERY**

With a family-centered approach to delivering babies, The Women's Center provides mothers with private delivery rooms (200 square feet) and follows the "Couplet Care" model where the infant is transferred with the mother to a private room on the mother/baby unit. Specialized services include:

- 10-bed NICU unit with four-bed transitional care nursery
- 24/7 on-site anesthesia coverage
- 24/7 on-site neonatal coverage
- 24/7 maternal fetal medicine support
- Dedicated respiratory therapy team
- Hearing screening, hyperbilirubinemia testing, and genetic testing after the birth
- Security system throughout the facility to protect the babies
- Lactation consultants
- Breast Pump Rental Program
- Social Workers offering support for a variety of situations, including domestic violence and bereavement
- Registrar's office, medical records and birth certificate services

## **CLASSES AND SUPPORT GROUPS**

- Mother to Mother, Pregnancy & Postpartum Adjustment Support Group
- Mom and Me
- Breastfeeding support group
- Childbirth preparation classes
- Annual educational seminars
- Healthy Woman
- Gaining Confidence — The First Year with Your Baby

*AHCCCS will cover the cost of these classes and most health plans will reimburse. For more information on the above classes, call 866-NW4WELL.*

